

Name:

Chapter 10 (A Nurse's Job)
Hospital Training Begins

Story A

Hi Lotta,

Finally we have started nursing training at the hospital. The patient I'm caring for is a 1) _____-year-old male who had a traffic accident. I'm wearing a white uniform and carrying a stethoscope which makes me feel like Nightingale! But honestly, 2) _____ a young man is a little embarrassing.

First, I distribute meals and help my patient to eat. Next, I check his temperature, pulse and 3) _____. Since I practiced this many times at school, everything is going smoothly.

Then I 4) _____ him a 5) _____. This is unexpectedly difficult as just touching the patient makes me feel nervous. I worry if the patient is 6) _____ or has pain because of my care. It takes a long time and I always end up in a nervous sweat.

Furthermore, I feel pressure from the senior nurses. When they are helping doctors to 7) _____ by disinfecting and changing dressings, I don't know what to do and feel completely useless. Even though I was 8) _____ prepared beforehand, the actual workplace is always stressful. The usual happy-go-lucky me is now feeling down....



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Story B

In the evenings at home, I prepare a lot for the next day. I 1) _____ my patient's 2) _____, assess it and make a nursing care plan. However, implementing the plan is really difficult.

I innocently dreamed of becoming a nurse but now I'm facing that reality. Differences 3) _____ what I learned at school 4) _____ the actual hospital situation are greater than I thought. I wonder how long it will take me to be able to give the 5) _____ just like the senior nurses? I still have a long way to go.

However, I have a responsibility for the patients' health even for a 6) _____ . At the hospital I met many nice people—patients who are 7) _____ us in our nursing training in spite of their illnesses, and patients who cheered me up. They said, “Study a lot, get a lot of 8) _____, and you'll be a very good nurse!”

I have to 9) _____ for them, even one step at a time. Though, honestly, I can't stop my heart from wavering a little today....

Hana

